

Calendar of ACTIVE Life Events/Opportunities

Opportunity: ACTIVE Life Block Party- February 27, 2010: 12:00pm to 4:00pm

The ACTIVE Life Block Party is a free, fun-filled community event that promotes healthy, ACTIVE lifestyles. The goal of the ACTIVE Life Block Party is to educate attendees about the importance of physical activity and healthy eating habits in a creative and fun-filled way. Activities will range from healthy cooking demonstrations, fun educational games for kids and families to group lead classes.

Shifts:

- 10:00-2:15pm (includes set up)- 4 volunteers
- 2:00-5:00pm (includes clean up)- 4 volunteers

Opportunity: TEA 60th Anniversary Picnic- April 10, 2010: 11:00am to 2:00pm

Active Life will be helping celebrate TEA's 60th Anniversary. The Picnic event will be for TEA Employees and their families. The event will be held at Webberville Park on Saturday April 10th, from 12pm to 5pm. Volunteers are needed for the below shifts.

Shifts:

- 10:00-2:00pm (includes set up/cleanup)- 10 volunteers

Opportunity: Celebration of Families- May 1, 2010: 10:00am to 4:00pm

Active Life will be participating again this year in the Celebration of Families event. The Celebration of families is a festival for both parents and children. The event will be held at Palmer Events Center on May 1st.

Shifts:

- 9:00-1:15pm (includes set up)- 2 volunteers
- 1:00-5:00pm (includes clean up)- 2 volunteers

Opportunity: ACTIVE Life Movement Festival- May 7-8th

The ACTIVE Life Movement Festival is a free, fun-filled, community-wide celebration of healthy and ACTIVE Lifestyles! The Festival consists of three main zones; Move, Fuel, and Honor. Each Zone is loaded with activities that reflect their respective titles that kids and adults will enjoy. It has a wide range of exciting activities, from high-tech active gaming to old-school fun. Kids and adults will be running, jumping, biking, passing, catching and celebrating the ACTIVE lifestyle. The ACTIVE Life Movement Festival also includes nutritional demonstrations, health assessments and numerous entertaining performances. Below are the shifts needed for each date/time.

Friday, May 7th – Event Setup

Shifts:

- 10am to 3pm-

Saturday, May 8th- Event Day: 11:00am-3:00pm

Shifts:

- 7:00am-11:00am- Event Setup
- 10:30am- 2:00pm- Event Activities
- 1:30pm - 5:00pm- Event Activities/Cleanup